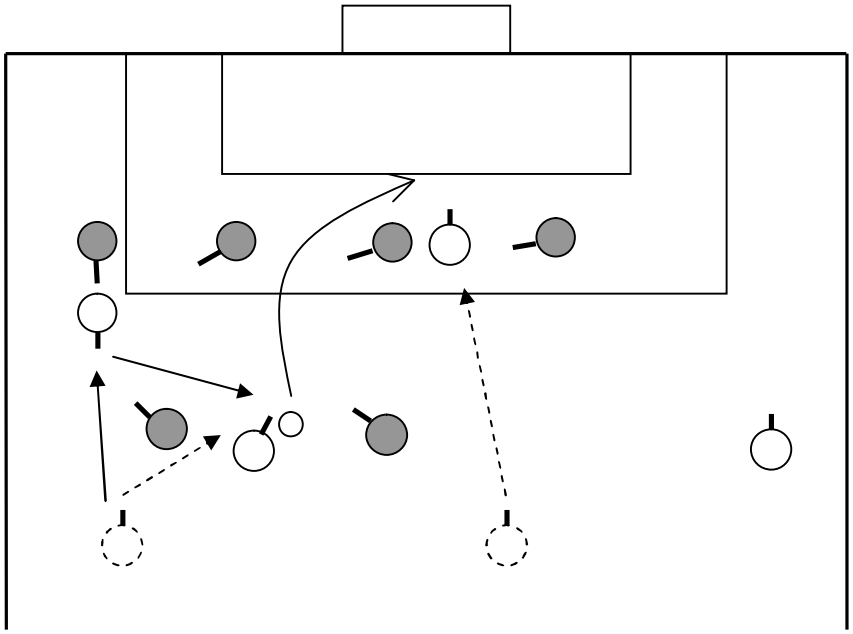
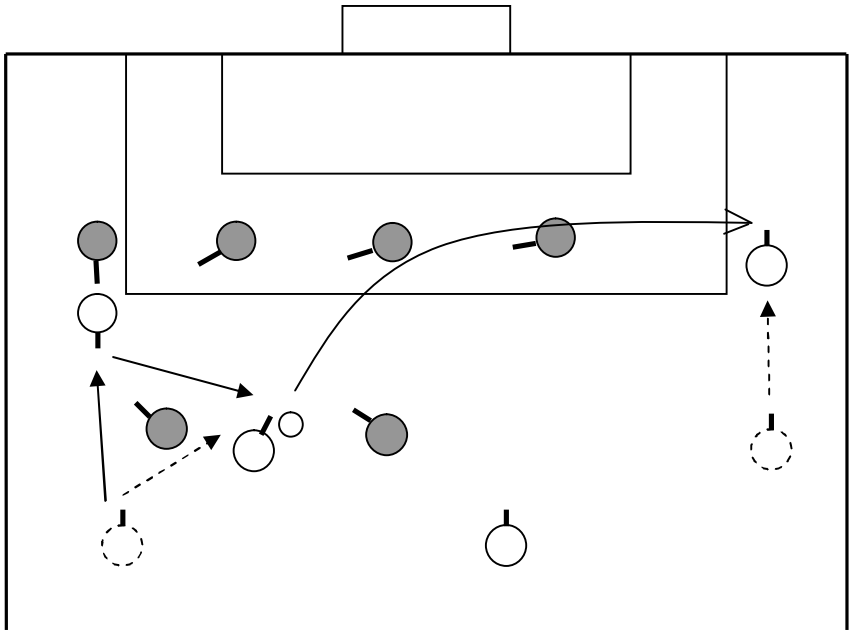
選択肢１：ゴール前へのセンタリング



選択肢２：逆サイドへの展開